

Monday 1st March 2021

Collective Worship

2nd Sunday of Lent: Lord, help me listen to your Voice



Gather



Alleluia, alleluia!

From the bright cloud the Father's voice was heard: 'This is my Son, the Beloved. Listen to him.'

Alleluia!

Listen: Mark 9: 2-10

Transfiguration

Six days later Jesus took with him Peter, James, and John, and led them up a high mountain, where they were alone. As they looked on, a change came over Jesus, and his clothes became shining white—whiter than anyone in the world could wash them. Then the three disciples saw Elijah and Moses talking with Jesus. Peter spoke up and said to Jesus, “Teacher, how good it is that we are here! We will make three tents, one for you, one for Moses, and one for Elijah.” He and the others were so frightened that he did not know what to say.

Then a cloud appeared and covered them with its shadow, and a voice came from the cloud, “This is my own dear Son—listen to him!” They took a quick look around but did not see anyone else; only Jesus was with them.

As they came down the mountain, Jesus ordered them, “Don't tell anyone what you have seen, until the Son of Man has risen from death.” They obeyed his order, but among themselves they started discussing the matter, “What does this ‘rising from death’ mean?”

Let us think about what we have just listened to.

It is now the second week of Lent and we are listening to a very special liturgy about the transfiguration of our Lord.

Jesus went up a mountain to be alone with his friends, the disciples Peter, James and John.

While he was on the mountain, a great change came over him.

His clothes became bright and shining white and Elijah and Moses appeared and talked to him.

Do you know who they are?

How did Peter, James and John feel when they saw the change that had happened to Jesus? Why were they frightened?

Then a cloud came over and Jesus's friends heard a voice, saying: “This is my Son, the Beloved. Listen to him.”

Whose voice do you think this was? What do you think Peter, James and John must have felt when they heard God speaking to them from the cloud?

On the mountain the disciples saw **Jesus's true loving self shining like the rays of the sun.** If we listen to Jesus and spend time with God in our hearts then we too can let our true light shine brightly.

How will you listen to God this Lent?

Could you pray more?

Could we listen to the Gospel reading more carefully and more often?

Respond

Lent lasts for 40 days, just like Jesus' time in the desert.

Let us use this Lent to become closer to God, listening to him and talking to him each and every day.

We pray for our parish, family and friends: that we may take the time to listen to what God asks of us and change ourselves to be brighter and kinder people who always help others.

Lord, in your mercy...

Let your true loving self, shine like the rays of the sun

*Second Sunday of Lent
Gospel: Mark 9:2-10*



Find Lent activities and prayers at cafod.org.uk/families

